services were held on Wednesday, Nov. 11, at Freeman Funeral Home in St. Jude’s Children’s Research Hospital. The center, located in Memphis, Tennessee, opened on Feb. 4, 1962.

**By Jessica Adams**

University students have joined the fight against cancer, participating in an organization called Up ‘Till Dawn, which supports such institutions as St. Jude’s Children’s Research Hospital. The center, located in Memphis, Tennessee, opened on Feb. 4, 1962.

The center is now the leading facility that seeks to research and treat children with catastrophic diseases and to research the terminal diseases that affect them. The facility serves to research, treat and educate through its many physicians and scientists.

On a normal day, the center houses 4,000 children undergoing treatment. It costs roughly $715,000 a day to operate and it is funded exclusively by donation. This is where fundraising organizations such as Up ‘Till Dawn figure in.

The group has chapters at 100 college campuses across the United States. Gregory Overend, director of Greek Life and Leadership of Up ‘Till Dawn at the University brought the program to Rider five years ago.

According to the Counseling Center, the recently described sadness or grief is more of a part of the ups and downs of daily life. “Depression is quite normal for people to become depressed when something bad happens, such as the death of a loved one or an end to a relationship, but this type of depression normally goes away after some time.”

When depression lasts for periods of six months or more, it falls under the classification of clinical depression. This type of depression is a medical illness that can be treated like any other disease, and requires some form of treatment in order to alleviate it. People may show signs of clinical depression in their daily lives and not be aware of it, unless depression has been present before.

People who are depressed often say “I get up, I’m depressed,” or “My girlfriend and I broke up, I’m depressed.” People who are depressed often say “I’m going to kill myself.” They may not see themselves as “depressed” in the ordinary sense, but their daily lives and not be aware of it.

**By Keith Milligan**

In light of the recent suicide by a student from our campus, the counseling center would like to help students understand depression better and share some commonly recognized ideas on coping if a loved one or a friend is feeling depressed.

If students think they are feeling the blues or something beyond the blues, they should remember that a diminished sense of energy and a mildly depressed mood may be normal responses to specific stressors, such as home, school or work.) may trigger depression. Instead, they may be more likely to become depressed if they are unable to enjoy normally pleasurable activities, feelings of worthlessness, inability to concentrate, indecisiveness, or thoughts of suicide.

**Conclusions**

People who are depressed often say “I get up, I’m depressed,” or “My girlfriend and I broke up, I’m depressed.” People who are depressed often say “I’m going to kill myself.” They may not see themselves as “depressed” in the ordinary sense, but their daily lives and not be aware of it.

If one wishes to assist St. Jude’s and for whatever reason cannot join Up ‘Till Dawn, they can donate by calling (800) 931-1200 or send donations to: St. Jude Children’s Research Hospital.

The hospital, located in Memphis, Tennessee, opened on Feb. 4, 1962.

**By Alisa Negron**

“Depression can be a serious, but treatable illness,” said O’Connor.

In light of the recent suicide by a student from our campus, the counseling center would like to help students understand depression better and share some commonly recognized ideas on coping if a loved one or a friend is feeling depressed. The Counseling Center to make an appointment, call (800) 931-1200 or send donations to: St. Jude Children’s Research Hospital.

One can notify the organization at bronca@UTDD@hotmail.com.

“We want people to join. Greek, individuals, commuters and even family members can help,” said O’Connor. “This benefits children with cancer and other terminal diseases. How can you say no to that?”

**By Alisa Negron**

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