Health and Wellness Week promoted a healthy lifestyle throughout the week with a number of events that are scheduled to end today. Many events were held on the campus to encourage a healthy and clean lifestyle for students. Awareness of the diver

Students receive massages in Daly's to relieve stress on Thursday. The program was a Health and Wellness Week event. Orientation, Student Health, SEC (Student Entertainment Council), ACS (Association of Commuting Students), Athletics, Residence Life and Campus Life," said Carter. Of the many events throughout the week, free massages throughout the campus, were sponsored by ACS. ACS is hoping that students will take a few minutes out of their day for some stress management and relaxation.

"It is a collaborative effort between many offices that comprise the Theme Weeks Committee, including Counseling Services, Fitzpatrick Counseling Services, the Center for Student Development, the Center for Academic Resources, the Center for Leadership Development, the Center for Multicultural Affairs, and the Center for International Students."

"We are going to have a number of events throughout the week with many that are sponsored by various organizations." said Carter. "We are going to have a number of events throughout the week with many that are sponsored by various organizations." said Carter.

Campus gets a checkup

Daly's becomes massage parlor

By Jeff Frankel

Health and Wellness Week promoted a healthy lifestyle throughout the week with a number of events that are scheduled to end today.

Many events were held on the campus to encourage a healthy and clean lifestyle for all students, residents and commuters alike. In Daly's, "I Love My Body" T-shirts were given out for free and T-shirts and rubber ducks were awarded on Tuesday to students who were able to correctly answer questions concerning sexual health. The importance of Health and Wellness Week is to increase students' awareness of the diversity of wellness issues, including emotional, spiritual, physical, financial and sexual wellness through exciting programs throughout the week," said Christine Carter, Coordinator of the New Student Resource Center & Orientation.

Get to the program off the ground, as many as eight groups and clubs participated. "It is a collaborative effort between many offices that comprise the Theme Weeks Committee, including Counseling Services, Fitzpatrick Counseling Services, the Center for Student Development, the Center for Academic Resources, the Center for Multicultural Affairs, and the Center for International Students."

Grant gives Rider triad of opportunity

By Charlie Olsen

Rider University has been awarded a $500,000 grant to fund three separate projects—two on the Lawrenceville campus and another on the Princeton campus.

Out of the total, $100,000 is going to fund two Rider Science Education and Literacy Center (Rider SELECT) programs. Another $100,000 is going toward a project to key-word-index a digital archive of 2,500 photos by Flip Schulke, a famous freelance photojournalist.

The remaining $300,000 is being used to fund the installation of a fire suppression system at Westminster's Talbott Library. According to librarians, work has already been completed on the sprinkler system.

State Sen. Shirley Turner (D-15th), who is also the associate director of Career Services, was responsible for the push to get the funding into the fiscal year 2005 budget.

"I'm pleased we're able to help Rider," Turner said. "So much money goes to public schools, it's always refreshing to help out with that."

The money for Rider SELECT will go toward two specific programs, the Consortium for New Explorations in Cohorten Teacher Education (CONNECT-ED) and the Program for Regional Outreach in Biology Education (PROBE).

According to Jean Kucher, the administrative director of the Teaching and Learning Center in the Science and Technology building, the CONNECT-ED program is a "regional professional development network for..."